

Harvesting vegetables from the open ground



A project by Boerenbond & Kenniscentrum
Groene Sectoren with the support of Cera



SAFE AND HEALTHY

Work attitude

Warping when harvesting and placing on harvest belt

- Alternate tasks
- Changing positions regularly
- Adopt ergonomic posture

Working on the knees for long periods of time

- Wearing knee protection
- Alternate tasks

Repetitive movements

- Alternate tasks

Heavy lifting of crates of harvested product

- Using available resources
- Not unnecessary heavy lifting (multiple crates)
- Lifting properly (including from the legs, not the back)
- Or lifting with two people

Machinery including harvesting tires

Entrapment hazard from rotating parts

- Report dangerous and broken parts to supervisor
- No loose clothing, strings, jewelry
- In case of blocked vegetables: stop machine completely before intervening.

Being hit by a swinging harvest arm

- Keep sufficient distance from the harvest arm, paying particular attention at the level of the spray tracks
- At the end of the rows, stay out of the full turning radius of the harvesting arm

Specific case: sprout harvesters

- Keeping feet on the supports at all times

Log saw hazard: serious injury to feet

- Test emergency plugs regularly

Blade danger: serious injuries from the rotating blades

- Keep hands sufficiently far from blades, test emergency stops (near each control station) regularly

Transportation equipment (tractors, harvest carts, forklifts)

- Riding only if designated by employer
- Do not ride along (on machines not intended for that purpose)
- Watch out
- Wearing safety shoes

In case of driver on tractor: clear communication provided between driver and workers

- Test emergency stops regularly, test and use communication signals

Plant protection products

Plants may contain pesticide residues

- Keep skin covered (preferably long pants, long sleeves)
- If wet washed, use rain gear

Outdoor/climate

UV radiation

- Keep skin covered - Sunscreen (at least factor 50)

Storm

- In case of thunderstorm, go inside or (company) car

Rain

- Using rainwear
- Allergic reactions

Allergic to wasp and bumblebee stings, etc.

- Notify employer in advance so that emergency responders know what to do.