

# Strawberry picking



A project by Boerenbond & Kenniscentrum  
Groene Sectoren with the support of Cera



## SAFE AND HEALTHY

### Full-ground cultivation

#### Working on the knees

- Wearing knee protection (including shins) and low shoes that do not pinch the ankles while kneeling
- Work alternating tasks (taking away and weighing boxes
- yourself)

#### On scaffolding

#### Working above shoulder height especially when cutting flowers

- Use of elevations, stilts, possibly (tube rail) wagons

#### Outdoor/climate

#### UV radiation

- Keep skin covered - Wear sunscreen (at least factor 50), head protection

#### Warm weather / heat wave

- Alternate work, adequate drinking, appropriate work regime, rest in shade

#### Storm

- In case of thunderstorms, go inside or (company) car

#### Rain

- Using rainwear

#### Cutting cuttings

#### Repetitive work

- Using ergonomic tools
- Alternate tasks
- Adopt ergonomic postures

#### Transportation equipment (forklifts, tractors, self-propelled carts)

- Only drive if you are designated by employer (certificate of authority)
- Always wear seat belt
- Do not allow passengers on machines not intended for them, only someone in the seat provided)
- Watch out in locations where pedestrians must cross transportation vehicles
- Wearing safety shoes

#### Transportation equipment (tube rail cars)

- Only drive if you are designated by employer (certificate of authority)
- Handrails present and self-closing gate not blocked

#### Invert

- Pipes parallel and level

#### Electrification

- Correctly charging and avoiding contact

#### Explosion hazard

- Provide adequate ventilation in the charging area, remove flammable material and avoid sparks

#### Plant protection products

#### Plants and racks may contain pesticide residues

- Keep skin covered (preferably long pants, long sleeves)
- Comply with repayment procedure
- Oversee hygiene measures, hand washing

#### Allergic reactions

#### Allergy to strawberry pollen

- Reporting hay fever-like symptoms

#### Allergic to wasp and humbebee stings, etc.

- Notify employer in advance so that emergency responders know what to do.

### **Tick bites**

- Carry personal EPI pen with them at all times
- Control and follow up, correctly remove with tick forceps

### **Clearing out greenhouse after harvest**

#### **Contact with machinery or ground pulling cloth**

- Using compliant machines
- Emergency stop periodic testing
- Roll-up machines: the attendant of the cloth is always the operator
- Trained personnel with certificates of competence

#### **Dust formation**

- Appropriate respiratory protection

#### **Hearing damage**

- Appropriate hearing protection

### **Application of straw in outdoor cultivation**

#### **Crushing on delivery bales**

- Not allowing temporary personnel at the bale unloading site

#### **Dust formation**

- Appropriate respiratory protection